

What First Communicants Need to Know

- 1) Prayers: **Sign of the Cross, the Our Father, the Hail Mary, the Glory Be, the Act of Contrition**
- 2) Who made you? **God made me.**
- 3) Why did He make you? **To show His goodness and to make me happy with Him in heaven.**
- 4) What must you do to be happy with God in heaven? **I must know Him, love Him, and serve Him in this world.**
- 5) Where is God? **God is everywhere.**
- 6) Does God know all things? **Yes, God knows all things – the past, present, and future.**
- 7) Can God do all things? **Yes, God can do all things.**
- 8) Did God have a beginning? **No, God had no beginning. He always was and will always be.**
- 9) How many Gods are there? **There is only one God.**
- 10) How many Persons are there in God? **In God there are three Persons – the Father, the Son, and the Holy Ghost**
- 11) Is God the Father God? **Yes He is.** Is God the Son God? **Yes He is.** Is God the Holy Ghost God? **Yes He is.**
- 12) What do we call the mystery of three Persons in One God? **The Holy Trinity**
- 13) What is sin? **Sin is deliberate disobedience to God's laws**
- 14) Who committed the first sin? **The bad angels.**

- 15) Who committed the first sin on earth? **Adam and Eve.**
- 16) What is this sin called? **Original sin.** Is this sin passed on to us? **Yes it is.**
- 17) Was any human person ever completely free from original sin? **Yes, the Blessed Virgin Mary.**
- 18) How is this sin taken away? **By Baptism**
- 19) What are the sins that we commit called? **Actual sins**
- 20) How many kinds of actual sin are there? **There are two: mortal sin and venial sin**
- 21) What does mortal sin do to our souls? **It takes away God's life in our souls**
- 22) What happens to those who die in mortal sin? **They go to hell.**
- 23) What is venial sin? **A less serious sin.**
- 24) Need we take venial sin seriously? **We should take it very seriously since by it we offend God.**
- 25) Which one of the Persons of the Blessed Trinity become man? **The second Person, God the Son, became man.**
- 26) What name was He given? **He was named Jesus.**
- 27) Who is Jesus' Father? **God is His Father**
- 28) Who is the mother of Jesus? **Mary is His mother**
- 29) Who is St. Joseph? **The foster father of Jesus**
- 30) Is Jesus Christ both God and man? **He is both God and man**
- 31) Why did God the Son become man? **To save us from our sins**
- 32) How did Jesus satisfy for the sins of all men? **By His suffering and death on the cross.**
- 33) How does the Catholic Church help us to gain heaven? **The Catholic Church**

helps us to gain heaven especially through the sacraments.

- 34) What is a sacrament? **An outward sign, instituted by Christ, to give grace**
- 35) What is Sanctifying Grace? **God's life in our souls**
- 36) What are the seven sacraments? **1) Baptism; 2) Penance; 3) Holy Communion; 4) Confirmation; 5) Matrimony; 6) Holy Orders; 7) Extreme Unction (Anointing of the Sick)**
- 37) What sacrament have you received? **Baptism**
- 38) Which sacraments are you preparing to receive? **Penance and Holy Communion**
- 39) What is the sacrament of Penance? **The sacrament that takes away sins committed after Baptism**
- 40) What must I do to receive the sacrament of Penance worthily? **1) Find out my sins; 2) Be sorry for my sins; 3) Make up my mind not to sin again; 4) Tell my sins to the priest; 5) Do the penance the priest gives me**
- 41) How do I make a good confession? **1) I go into the confessional and kneel; 2) I make the sign of the cross and say, "Bless me, Father, for I have sinned."; 3) I say: "This is my first confession" (or, "It has been one week, or one month since my last confession."); 4) I confess my sins; 5) I listen to what the priest tells me; 6) I say the act of contrition loud enough for the priest to hear me; 7) When I am finished I say, "Thank you, Father" and leave the confessional; 8) I go into church and do the penance the priest gave me.**
- 42) What is the sacrament of the Holy Eucharist? **The Holy Eucharist is the sacrament of the Body and Blood of Our Lord Jesus Christ**
- 43) When did Jesus give us the Holy Eucharist? **At the Last Supper, the night**

before He died

- 44) When does Jesus become present as the Holy Eucharist? **During the Holy Sacrifice of the Mass; at the Consecration**
- 45) What do we call the changing of the bread and wine into the Body and Blood of Christ? **It's called "transubstantiation"**
- 46) Do you see Jesus in the Holy Eucharist? **No. The consecrated bread and wine still look and taste like bread and wine, but they are not – they are Jesus!**
- 47) When do you receive the Holy Eucharist? **During the Mass at Communion time**
- 48) What should you do before receiving Holy Communion? **Think of Jesus; tell Him you love Him; tell Him you're sorry for your sins; tell Him you want to receive Him very much in Holy Communion**
- 49) When you receive Holy Communion who are you receiving? **Jesus Christ**
- 50) What should you do after Holy Communion? **Thank Jesus for coming to you; tell Him how much you love Him; ask Him to help you to be good; pray for your family, friends, and others**
- 51) Should someone with a mortal sin on his soul receive Holy Communion? **No**
- 52) Why not? **Because his soul is spiritually dead.**
- 53) What must he do to bring it back to life? **He must go to Confession**
- 54) How long must you fast before receiving Holy Communion? **For one hour**
- 55) **Recite the ten commandments**
- 56) **Bonus Points: Name the mysteries of the Rosary**

